



Fitness Membership Discounts

City of Tacoma employees are expected to show proof of employment (i.e., ID badge) when inquiring about a discount

Gym/Fitness discounts available to City of Tacoma employees (listed alphabetically)

Name	Location/Contact Information	Description
<p>Anytime Fitness DuPont, Spanaway or Yelm</p> <p>City of Tacoma Flyer</p>	<p>DuPont Address, Phone and Website: 2620 Williamson PL NW, DuPont, WA 98327 253.267.5425 www.anytimefitness.com/gyms/118/dupont-wa-98327</p> <p>Spanaway Address, Phone and Website: 22307 Mountain Hwy E, Spanaway, WA 98387 253.875.7976 www.anytimefitness.com/gyms/3429/Spanaway-WA-98387</p> <p>Yelm Address, Phone and Website: 1304 Yelm Ave E, Yelm, WA 98597 360.400.3880 anytimefitness.com/gyms/1009/Yelm-WA-98597</p>	<p>50% off Enrollment & 10% off Membership:</p> <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • Group fitness classes at no extra charge • Get started plan with a personal trainer
<p>Anytime Fitness Federal Way and Lakewood</p>	<p>Federal Way Address, Phone and Website: 1614 SW Dash Point RD, Federal Way, WA 98023 206.212.6176 www.anytimefitness.com/gyms/3832/federal-way-wa-98023</p> <p>Lakewood Address, Phone and Website: 8520 Steilacoom Blvd SW, Lakewood, WA 98498 253.589.5277 www.anytimefitness.com/gyms/2121/lakewood-wa-98498</p>	<p>\$0 Enrollment & 10% off Membership:</p> <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • FREE orientation with a personal trainer
<p>Anytime Fitness Gig Harbor</p>	<p>Address: 5275 Olympic Drive NW, Ste. 107, Gig Harbor, WA 98335</p> <p>Phone: 253.509.2747</p> <p>Website: www.anytimefitness.com/gyms/1369/gym-Gig%20Harbor-Washington-fitness-center</p>	<p>50% off Enrollment & 10% off Membership:</p> <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • Get started plan with a personal trainer
<p>Anytime Fitness Issaquah</p>	<p>Address: 4525 Klahanie DR SE, Issaquah, WA 98029</p> <p>Phone: 425.395.7248</p> <p>Website: www.anytimefitness.com/gyms/3825/gym-Issaquah-Washington-fitness-center</p>	<p>\$0 enrollment and 3-months of free hydro massage:</p> <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • FREE fitness orientation in the club with one-hour session with a personal trainer

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Anytime Fitness Orting	Address: 401 Washington Ave N, Orting, WA 98360 Phone: 360.893.2443 Website: www.anytimefitness.com/gyms/108/gym-orting-washington-fitness-center	50% off enrollment and 1st month FREE: <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • FREE one-hour session with a personal trainer
Anytime Fitness Tacoma	Address: 2623 N Pearl ST, Tacoma WA 98407 Phone: 253.327.1515 Website: www.anytimefitness.com/gyms/3365/Tacoma-WA-98407	\$0 Enrollment, 50% off key fob & 1st Month FREE: <ul style="list-style-type: none"> • 24/7 access • Nationwide access (3,000 clubs and counting) • Group fitness classes at no extra charge • Get started plan with a personal trainer
Armstrong Fitness Puyallup City of Tacoma Flyer	Address: 716 South Hill Park Drive, Ste. A, Puyallup, WA 98373 Phone: 253.286.7112 Website: www.armstrongfitness.com	Membership rates are \$19/month for a 1-year commitment or \$24/month for the month-to-month option. <ul style="list-style-type: none"> • New Member Benefits: <ul style="list-style-type: none"> * Functional Movement Assessment: Identify dysfunctional movement patterns that may lead to injury * Meal Plan: Learn a sustainable & enjoyable approach to calories * 2 Full Service Personal Training Sessions: Body data tracking, goal instruction, building restorative & effective exercising • 30+ FREE group classes per week: Spin, Yoga, Circuits, Zumba and more! <p><i>*Refer to the City of Tacoma Flyer for more information about employee and family membership rates</i></p>
Fitness 19 Federal way	Address: 33702 21st Ave SW, Ste. C, Federal Way, WA 98023 Phone: 253.517.8535 Website: www.fitness19.com/centers/federal-way/	\$12 Enrollment & \$12/month Membership: <ul style="list-style-type: none"> • Month-to-month, auto withdrawal, 30-day notice • \$29 annual fee (due after a year with the gym) • All access, all days, all clubs and all hours • Immediate family additions for \$10 and \$5 a month • Unlimited monthly kids room at \$10/month for the first child and \$5/month for each additional child • Great personal training packages
Prana Hot Yoga & Body Sculpt Puyallup City of Tacoma Flyer	Address: 615 E Pioneer, Ste. 106, Puyallup, WA 98371 Phone: 253.256.4559 Website: www.pranapuyallup.com	20% OFF ALL Packages (excludes autopays, drop-ins, introductory offer and childcare) <ul style="list-style-type: none"> • We offer Hot Yoga, Barre, Cycling, Childcare and much more! • Discount available on autopay contracts, ask for Chelsy or Amanda for further information

Name	Location/Contact Information	Description
RCF CrossFit Bellevue, Renton or Tacoma	Addresses: 1450 114th Ave SE, Bellevue, WA 98004 17110 116th Ave SE, Renton, WA 98058 3001 S Huson ST Ste. E B3, Tacoma, WA 98409 Phone: 425.954.7141 Email: info@iamrcf.com Website: http://iamrcf.com	40% OFF Membership, NO CONTRACTS, \$0 Enrollment, Free First Class Trial <ul style="list-style-type: none"> • 2 Year Winners of King 5's Best in Western Washington Award for Best CrossFit Gym • Access to 3 Locations (Tacoma, Renton, Bellevue) • Free introductory to CrossFit Classes with Membership • Free additional Strength and Gymnastics Programming • Free Nutritional Advice • Kid Friendly
Samdhana-Karana Yoga Non-Profit Yoga Studio	Address: 739 St. Helens Ave, Tacoma WA 98402 Phone: 253.254.6157 Website: www.samdhanakaranayoga.org	City of Tacoma Employee Lunchtime Pass: <ul style="list-style-type: none"> • 5 class pass for \$25 (good for attendance to Lunchtime Yoga, Tues/Thurs 12:00 to 12:50 PM) Partner in Healing Discount: <ul style="list-style-type: none"> • Commit to 1 year of auto-payments and get unlimited yoga for \$50/month
Spanaway Fitness Center	Address: 13819 Pacific Avenue S, Unit A, Tacoma WA 98444 Phone: 253.531.8444 Website: www.spanawayfitness.com	\$0 Enrollment & \$20/month* Membership: <ul style="list-style-type: none"> • Family-oriented and friendly fitness center • Month-to-month contract, with no cancellation penalty • \$15 for each additional add-on • \$10 childcare option • \$10 for unlimited fitness/cardio classes <p><i>*The discounted membership rate does require enrollment in autopay, and first and last month's payment at the time of sign-up.</i></p>
STAR Center Metro Parks Tacoma City of Tacoma Flyer	Address: 3873 S. 66th Street, Tacoma WA 98409 Phone: 253.404.3939 Website: STARCenterTacoma.org	\$0 Enrollment & \$24/month Membership (regular \$26): <ul style="list-style-type: none"> • 40 group fitness classes every week • Access to two off-site pools, which includes free lap swim and family swim, plus discounts on swim lessons and aqua fitness classes • Free child watch for up to two hours per day (must have child pass and adult pass) • And much more
Summit Strength and Conditioning Lakewood & University Place City of Tacoma Flyer	Lakewood Address and Phone: 6002 Mt. Tacoma Dr. SW, Lakewood WA 98499 253.588.1111 University Place Address and Phone: 6928 22nd ST W, University Place WA 98466 253.590.3133 Website: summitstrengthandconditioning.com	\$20/month Membership: <ul style="list-style-type: none"> • Friendly training environment designed for motivated people at all fitness levels • Optional FREE personal training consultation offered with a new membership, which can help you to determine your fitness and/or athletic objectives • Owner and personal training, John Jarman, has been dedicated to transforming bodies in Pierce County for almost a decade

Name	Location/Contact Information	Description
<p>YMCA</p> <p>Pierce & Kitsap Counties</p>	<p>Rather than listing all of the addresses of the participating YMCAs, please click on the location for more information:</p> <p>Bremerton Family YMCA</p> <p>Gordon Family YMCA (Sumner)</p> <p>Haselwood Family YMCA (Silverdale)</p> <p>Lakewood Family YMCA</p> <p>Mel Korum Family YMCA (Puyallup)</p> <p>Morgan Family YMCA (Tacoma)</p> <p>Tacoma Center YMCA</p> <p>Tom Taylor Family YMCA (Gig Harbor)</p>	<p>\$0 Enrollment (no Membership discounts*):</p> <ul style="list-style-type: none"> • You can add an additional adult to your corporate membership for just 1/2 the regular joining fee • You can have this membership pay directly from your City of Tacoma paycheck (2nd paycheck of the month) • Unlimited access to all Pierce and Kitsap Counties YMCA branches • Free 12 Week Personal Fitness Program • Free group exercise classes • Drop-in nursery and child-watch service • Personal training options • Volunteer opportunities <p>* Visit here for the YMCA membership rates.</p>

Disclaimer: These discounts represent local area gyms/fitness facilities that were interested in offering a discount to City of Tacoma employees. The City of Tacoma is not partnering with any of these facilities. Any additional interested facilities should contact the Wellness Coordinator, Shannon Carmody at wellness@cityoftacoma.org.