The CHP CAMaffinity Program

what is CAM? Complementary and alternative medicine (CAM) refers to health care systems and practices not generally considered part of conventional medicine; CAMaffinity encompasses chiropractic, acupuncture, naturopathic medicine, and massage therapy.

about CAMaffinity CHP CAMaffinity is FREE to Regence members! It provides a 20% discount on complementary and alternative medicine services from CHP’s growing network of CAM providers. To find a provider, visit www.chpgroup.com.

Chiropractic
Chiropractic is a non-invasive therapy that focuses on reducing pain and improving the function and structure of the body.

Naturopathic Medicine
Naturopathic medicine uses a wide range of natural approaches such as clinical nutrition and homeopathy to diagnose and treat patients.

Acupuncture
Acupuncture is the stimulation of specific points on the body by the insertion of thin metal needles through the skin and is used to relieve pain and reduce inflammation.

Massage Therapy
Therapeutic massage involves the manipulation of the soft tissue structures of the body to help prevent and alleviate pain, muscle discomfort, muscle spasms, and stress.