

## Completing your Compass Health Assessment (REQUIRED)

The compass health assessment (400 points) is a **required activity** for the 2021 [wellness incentive](#). The assessment must be completed between Oct. 1, 2019 and Sept. 30, 2020. If you haven't done so, your points will show as 'pending' and you will not earn the incentive.



To take the compass health assessment for the first time, you will want to click 'let's begin'. To retake the assessment you will need to select 'retake'.

The screenshot shows the 'Health Assessment Results' page for user Ada196132. The page includes a 'READ MORE' button, a 'RETAKE' button (circled in red), and a 'DOWNLOAD PDF' button. The user's health score is 87, and the page provides a comparison to the average score and a 'LET'S GO' button.

**Health Assessment Results**  
Last taken July 22, 2020

**RETAKE** [DOWNLOAD PDF](#)

Ada196132, you're going in the right direction.  
Your health habits add up to a strong overall score. Your results are based on activities and habits you can actually control. So, while few people achieve a perfect 100, it is possible to maintain or even improve your good score by keeping up your healthy practices. What steps will you take today to continue on the right path?

**Health Score**  
July 22, 2020  
**87**

**How your health compares**  
Are you doing better than the thousands of people who make up this year's average? Improving your everyday habits, getting recommended exams and following a doctor's treatment plan help you earn a higher score.

ADA196132  
AVERAGE

**Your Top Strenaths** Scroll over the columns and rows below to learn more.

**What's your next step?**  
Your report is only the beginning. Now it's time to explore a world of healthy activities, expert support and some friendly competition. Keep moving on a healthier path!

**LET'S GO**