

Confidential, convenient online therapy.

With MDLIVE, you can visit with a counselor or psychiatrist 24/7 from your home, office or on-the-go.



Welcome to MDLIVE Behavioral Health!

Managing stress or life changes can be overwhelming but it's easier than ever to get help right in the comfort of your own home. Visit a counselor or psychiatrist by phone, secure video, or MDLIVE App.



Talk to a licensed counselor or psychiatrist from your home, office, or on the go!



Affordable, confidential online therapy for a variety of counseling needs.



The MDLIVE app helps you stay connected with appointment reminders, important notifications and secure messaging.

**Your Virtual Doctor is here
Join for free today!**

Your doctor will send prescriptions (if medically necessary) to your nearest pharmacy.

We can help you address:

- Addictions
- Bipolar Disorders
- Child and Adolescent Issues
- Depression
- Eating Disorders
- Grief and Loss
- Life Changes
- Men's Issues
- Panic Disorders
- Parenting Issues
- Postpartum Depression
- Relationship and Marriage Issues
- Stress
- Trauma and PTSD
- Women's Issues
- And more



Download the app.
Join for free. Visit a doctor.

MDLIVE.com/regence-wa
1-888-725-3097